

2 - THE GROUP AS A MAGNET

A magnet is an attractor, that is, an element that can attract and be attracted. On the physical plane we find a very simple example in the magnet that attracts iron filings and places it within its own field of influence. On the psychic level each person acts, consciously or unconsciously as an attractor, that is, he attracts to himself what corresponds to his own profound nature, whether it be of other beings, of opportunities, or of obstacles. That of magnetism is therefore a phenomenon both physical and psychic, which operates automatically and is what makes our life what it is, with its sphere of relationships and events.

Through the development of awareness and the consequent activation of all the components of one's being towards a targeted, oriented and directed growth, magnetism is destined to grow exponentially. In this way the person can become a real attractor, and his manifestation in the world in terms of works and relationships will be enriched considerably. Most of the time this person will also be a point of reference for others, connected to his specific field of action.

The same process is also found in the case of a group: the more a group becomes aware of itself and of all its components, the more its members are well connected to each other and all together with the common objectives, the greater is the magnetism that that group develops. It will therefore become increasingly visible and recognizable in the surrounding environment, gradually increasing its constructive capacity and the degree of its positive influence in the world.

If this type of achievement is desirable for any group, it is even more so for groups - nowadays fortunately numerous - which set goals linked to the realization of the Common Good. In fact, the work that a group well integrated and unified in intent is able to accomplish is great, and certainly far surpasses what it is possible to achieve on the part of single individuals, however animated by Good Will. It is not just the effect of a numerical multiplication - that is, according to the criterion of more people and more work done - but the energy activated by a cohesive group far exceeds the sum of the contributions made available by its members. This must be taken as an axiom, because it is not easy to explain, but experience teaches us that this is the case. Or perhaps it can be explained by the fact that in addition to the sum of the individual contributions, the commitment to cohesion, cooperation and union that is poured into the group, constitutes an important additional factor of energy investment and therefore of strengthening of the common work.

Then the group begins another phase of its existence: it opens the possibility of discovering, in an ever more defined way, what its task is in the world. Not only in terms of practical objectives, but as the effect of a deep contact with the purpose that led to its birth. If the various activities initially started were a good laboratory to develop a certain level of integration between members and training to work together, the discovery and realization of the true purpose of the group requires an even higher level of harmony and concordance.

It also requires that as a group one begins to establish a certain contact with the soul, through the extension of its work beyond the physical plane to include the subtle one. It is by learning to work in unison on the level of thought and meditation, that the group also develops its vertical dimension, alongside the horizontal one.

Group meditation is an excellent tool for accessing the sphere of the higher unconscious, where the potentialities, qualities and possible achievements of the group are waiting to reveal themselves to the collective awareness and then precipitate in the creation of luminous works; in addition to their

concrete value, such works - whatever form they take - receive their imprint from the subtle work of the group and are imbued with the energy that, through the group's oriented and aligned mind, flows into it.

Obviously the activation of all the levels of which the psychic structure of the group is constituted, from those more concrete and personal to those more subtle and transpersonal, notably increases its magnetism and its effectiveness in the world.

But another phenomenon also occurs: that of radiance, that is the spontaneous emanation of light and quality, which makes the group a real torch that illuminates the surrounding space and pervades it with positivity. By intensifying and further expanding its light, the group looks more and more like a star.

Then we understand the great importance of finding and experimenting with a tool for subtle work that is agile, unifying, powerful and effective; and that is endowed with the magnetism that comes from drawing on ancient wisdom to connect the group with the possibilities of the future.

The ultimate goal of the growth of a group is to become "causative", that is, to know how to pose new causes, on the level of thought, which affect the conscience of humanity: to therefore be a tool of Service for planetary evolution.

One of the laws that govern the life of the soul is that of Group Progress: it shows us that one of the natural and spontaneous manifestations of the realized soul is the tendency to perceive ourselves as a group and to live through and for the group. It is equally true that making the group a field of life as a conscious commitment activates and accelerates contact with the soul: responsiveness to the group is therefore both an effect and a possible cause of contact with the soul